Follow these directions. Crease the edges as you go.

1. Fold a 8 1/2 x 11” sheet of paper in half horizontally.

2. Fold the paper in half again in the same direction.

3. Fold the long narrow strip in half in the opposite direction.

4. Open the paper up to the Step 2 position. From the folded middle cut halfway down the vertical fold.

5. Open the paper up and turn it horizontally. There will be a slit in the center of the paper.

6. Fold the paper in half lengthwise.

7. Push in the ends of the paper until the center panels

8. Fold the four pages into a book and crease the edges.