C.R.O.S.S.ROADS™ Decision-Making Process

C - Choice - What is the choice being made?
R - Reality - What is happening now? What would I like to happen?
O - Options - What are some options?
S - Select one and Step it out! - What are the steps to make the selected option happen?
S - Start over. - Evaluate choice and begin process again as needed.

1) What is the choice being made?  Do I tend the man who is bleeding?

2) Reality - What is happening now?  The man has come out of the woods and has a terrible stomach wound.

3) What are some Choice Options?

<table>
<thead>
<tr>
<th>Option - “If I........”</th>
<th>Results - “Then ............”</th>
</tr>
</thead>
<tbody>
<tr>
<td>A) Tend to the man’s injury as best I can</td>
<td>He might get better</td>
</tr>
<tr>
<td>B) Tell him to leave and find someone else to help him.</td>
<td>He might be able to find someone else, but if he doesn’t, he may die.</td>
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<tr>
<td>C)</td>
<td></td>
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<tr>
<td>D)</td>
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</tbody>
</table>

4) Select Option # A.

Step it out! What are the steps to be taken to make the choice happen?
  i.e. Goal-setting - write out specific steps to help achieve goal
  i.e. Problem-solving - seek assistance, develop a procedure, etc.
  i.e. Conflict Resolution - walk away, apologize, etc.

1. Get permission from the hermit to bring the man into his hut to care for him.
2. Ask the hermit to help me find what I need to tend to the man’s injuries.
3. Tend to the man’s injuries.

5) Start Over – Evaluate choice and begin process again as needed.

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