

## C.R.O.S.S.ROADS Decision-Making Process



- C** - Choice - What is the choice being made?
- R** - Reality - What is happening now? What would I like to happen?
- O** - Options - What are some options?
- S** - Select one and Create a plan! - What personal effort is necessary to make the choice happen?
- S** - Start over. - Evaluate choice and begin process again as needed.

### *Applying the Life Principle of* FRIENDSHIP

1) Choice - What is the choice being made? How do I act towards the new student?

2) Reality - What is happening now? The new student just showed up in class today.

3) Option/s - What are some choice options?

Option - "If ..."	Results - "Then ..."
A) I ignore the student,	I will miss out on possibly making a new friend.
B) I greet them with a smile and a Hi,	I let them know I'm friendly and maybe make a new friend
C) I offer to show them around and meet them at lunch	we can get to know each other better and they won't feel so lost the first few days.

4) Select Option/s B & C and Create a plan.

**What specific personal effort is necessary to make my choice happen?**

Who, What, When) (See **C.R.O.S.S.ROADS™ Planning Sheet** if needed)

- i.e. Goal-setting - write out specific steps to help achieve goal
- i.e. Problem-solving - seek assistance, develop a procedure, etc.
- i.e. Conflict Resolution - walk away, apologize, etc.

When I see them, I'm going to say, "Hi!" and ask if they have any questions, or need help finding anything. I'll explain about our lunch options and ask them to sit with my friend and me.

5) Start Over – Evaluate choice and begin process again as needed.